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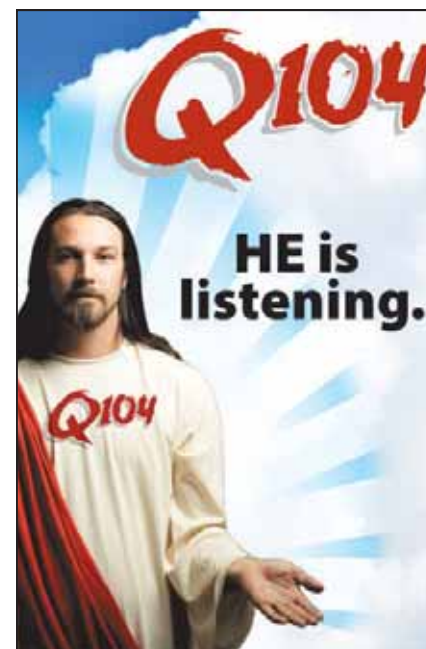


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MOOSEHEADS EDGE OUT
WILDCATS IN SHOOTOUTDESPITE GIVING UP TWO SHORT-HANDED
GOALS, THE HERD PICKS UP TWO MORE
POINTS IN MONCTON WITH A 3-2 WIN **PAGE 17**

THE FANS HAVE SPOKEN

Halifax rockers The Stanfields hold court after winning the fan choice and the group album of the year awards at the East Coast Music Awards in Halifax on Sunday. A sold-out crowd took in the gala awards show at the Cunard Centre. Story, page 3. ANDREW VAUGHAN/THE CANADIAN PRESS

No human
remains foundShad Bay. Police
remain tight-lipped
about search

Seeking answers

Police say they may follow
up with the source of the
initial tip that led them to
the Shad Bay home.

The RCMP have ended the exhaustive search at a Shad Bay property related to a "major unsolved case" without finding any human remains.

RCMP Sgt. Alain Leblanc officially confirmed early Sunday that the four-day-long hunt was in fact focused on evidence related to a cold case.

"We're following up on information received that is related to a major unsolved case in our community," said Leblanc.

The medical examiner's office and forensic investigators joined the search of the property at 4117 Prospect Rd. Cadaver dogs and a mini-excavator were also used to scour the yard.

No activity could be seen from the road in front of the unremarkable green-and-white two-storey house. Local residents out for a walk politely declined to talk about the macabre activity in the otherwise quiet community.

Late Sunday afternoon, Leblanc said police were ending the search of the property.

"The investigation continues and we're hoping to receive further information with regards to this one," he said.

Media reports had suggested the search was linked to several cold homicide and missing-persons cases, including that of Kimberley McAndrew. The 19-year-old disappeared in 1989 after leaving the Canadian Tire on Quinpool Road.

Leblanc wouldn't confirm those reports but said the search was connected to just one case.

"An investigation, a major crime is never concluded until it can be brought to court," he said. "Although it may be a historical case or five years, two years, 10 years, they're never forgotten."

RUTH DAVENPORT/METRO

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Stanfields, Cousins win big at East Coast Music Awards

Cunard Centre. Best of East Coast music celebrates 25th anniversary



HALEY RYAN
haley.ryan@metronews.ca

Hometown favourites Rose Cousins and the Stanfields walked away as big winners at the East Coast Music Awards gala Sunday night.

Cousins, winning three awards this week, hosted the nationally broadcast event with David Myles in front of a sold-out crowd at the Cunard Centre.

The duo brought some humour to the show as they staged a friendly competition for best host, involving everything from evening wear to a swimsuit portion as Myles stripped down to a Speedo.

Acadian hip-hop band Radio Radio opened the three-hour show with a

Quoted



"It's always those things that you're striving for but aren't sure that

they'll ever really happen."

Rose Cousins

catchy number that involved dancers and hula hoops, before other performances by Jenn Grant, Jimmy Rankin, Natalie MacMaster, the Barra MacNeils and more.

The Stanfields received fan's choice entertainer of the year and group recording of the year for their *Death & Taxes* album.

"It's a nice surprise," said band member John Landry to reporters, adding the group was genuinely unprepared for the award because there were such excellent artists nominated.

"To have this feather in your cap is great.... It means a lot."

On top of the folk recording and songwriter of the year awards Cousins picked up earlier in the five-day event, she took solo recording of the year on Sunday night for *We Have Made A Spark*.

"It feels crazy. It's amazing and funny to be in this position," said Cousins afterwards.

She said hosting the show distracted her from worrying about the actual awards "in the best way."

The evening held an emotional tone, from the opening video tribute of Stompin' Tom playing at the ECMAs years ago, to the legendary Ron Hynes accepting a special achievement award and speaking about his battle with cancer.

"This is my altar. I've been blessed," Hynes said, waving his arm to take in the lights and the crowd.

"I'm not ready to leave the altar quite yet."



Halifax's Jenn Grant plays at the East Coast Music Awards at the Cunard Centre on Sunday night. ANDREW VAUGHAN/THE CANADIAN PRESS

Taking home the hardware

A list of some winners at the East Coast Music Awards:

- Fans' choice entertainer of the year. The Stanfields
- Fans' choice video of the year. "Saddle Up" by George Canyon

- Album of the year. "Coyote" by Matt Mays

- Group recording of the year. "Death & Taxes" by the Stanfields

- Solo recording of the year. "We Have Made A Spark" by Rose Cousins

- Song of the year. "These Hands" by Dave Gunning

- Aboriginal recording of the year. "We Are Medicine People" by Lone Cloud

- African-Canadian recording of the year. "Ocean Blue"

by Cam Smith

- Blues recording of the year. "Triumph & Disaster" by Charlie A'Court
- Rock recording of the year. "Scrappy Happiness" by Joel Plaskett Emergency
- Rising star record-

ing of the year.

"In the Time of the Great Remembering" by Ben Caplan

- Rap/hip-hop recording of the year. "Havre de Grece" by Radio Radio
- For full list of winners visit ecma.com.



Ben Caplan
THE CANADIAN PRESS

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Brenda Saunders/Todd holds up a shopping bag in Dress for Success Halifax's boutique on Gottingen Street on Friday.
MARIKA MCKENZIE/METRO

The suit makes the (wo)man

Dress for Success Halifax. Organization helps women in need find that perfect suit, or dress for job interviews

MARIKA MCKENZIE
halifax@metronews.ca

Most women know the value of a perfect fit.

But the women clothed by Dress for Success Halifax know better than most.

"They walk in the door like a wilted flower and they go out and it's like they're in full bloom," said Brenda Saunders/Todd, board chair and president of the organization in Halifax.

Dress for Success Halifax is part of a worldwide organization that provides interview clothes and accessories to women who cannot afford the apparel they need to make a memorable first impression.

A Gottingen Street boutique is home to the Halifax branch. The 2,000-square-foot space consists of a

small office and reception area, which gives way to arguably the biggest closet in HRM, complete with suit jackets, skirts, coats, pantyhose, shoes and jewelry — all donated by local citizens.

Women from ages 18 to 65 are referred to Dress for Success Halifax by 35 different HRM groups, including domestic-violence agencies, homeless shelters and job-training programs.

Women are only referred to Dress for Success if they have an upcoming job interview. Once at the boutique, a volunteer helps each woman pick out an entire outfit, including accessories. After the appointment each piece of clothing is carefully wrapped in tissue paper and put in a shopping

Making a difference

Your Community At Work is a regular feature appearing on Mondays highlighting people and groups working to make a difference in their community. Send your suggestions to us at Metro@metronews.ca.

Here's how you can help

To donate to Dress for Success Halifax, visit dressforsuccess.org. The organization will also be hosting a tea party fundraiser on April 21 from 12 to 3 p.m. at the Westin Hotel.

bag.

Saunders/Todd said most women who come into the store want to leave still wearing their brand-new outfit.

"They go through the process, and it might take an hour or two, and you would think that it wouldn't make that much of a difference," said Saunders/Todd. "But it's extraordinary what the experience is for them."

Dress for Success Halifax has provided clothing to more than 1,200 women since 2001 and is run by more than 40 volunteers.

Saunders/Todd said helping women on their path to self-sufficiency has been "truly rewarding." After all, she said, "women always help women."

Quoted

"This way they're not spending their money on clothing — they can spend their money on bus tickets, on childcare or whatever they really need their money for."

Brenda Saunders/Todd, board chair and president, Dress For Success Halifax

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Group attacks teens, 1 youth stabbed

City violence. RCMP say three victims all maced

Police are looking for a group of about six people after three teens were sprayed with mace and one was stabbed after getting off a Metro Transit bus in Eastern Passage on Sunday night.

Halifax RCMP say the incident began when the victims got into what police describe as a heated exchange with another group at the Dartmouth bus terminal.

"They were exchanging words," said RCMP Staff Sgt. Peter Ferguson.

Police say the victims then boarded the bus and the larger group followed them to McCormack's Lane in Eastern Passage in a grey or blue four-door car.

At about 6:40 p.m., police say the group sprayed the teens

with mace as they walked off the bus. During the ensuing altercation, police say one of the teens was also stabbed.

The teen was taken to hospital with a non-life threatening injury while paramedics treated the other two on scene.

The suspects fled on foot and it's believed they then left the area in the car that they parked a short distance away.

There have been no arrests and Ferguson said police don't know the ages of those in the opposing group.

"There is a possibility they might have known each other," Ferguson said.

PHILIP CROUCHER/METRO

Crime Stoppers

Anyone with information about the case is asked to contact the RCMP or Crime Stoppers at 1-800-222-8477.



Woman's body found at Point Pleasant Park

Halifax police say foul play isn't suspected after a woman's body was found Sunday afternoon at Point Pleasant Park. The body was located around 2:15 p.m. and the medical examiner was called. A police cruiser was parked at the turnoff from the park's main central path to the Prince of Wales tower Sunday afternoon, while a patrol officer steered park users away from the path.

RUTH DAVENPORT/METRO

Agricola Street

Five homeless after fire hits north-end rooming house

An old two-storey rooming house in north-end Halifax was extensively damaged by fire overnight Saturday.

The fire at 3201 Agricola St. happened around midnight. Four of the five people who live inside the rooming house were home at the time of the fire but escaped without injury.

The Canadian Red Cross says they were able to arrange emergency lodging and food for the displaced people on Saturday night.

Halifax regional fire said on Sunday the cause of the blaze hasn't been determined. **METRO**



Damage from a fire at a rooming house on Agricola Street.

RUTH DAVENPORT/METRO



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Halifax cabbie attacked, loses cab to group of passengers in Dartmouth

A cab driver is recovering from injuries after a group of passengers attacked him and took off with his taxi.

According to a release from Halifax Regional Police, the driver picked up two men and three women at Pizza Corner around 5 a.m. Sunday who wanted to go to Dartmouth.

As he was driving along Victoria Road, the passengers told him to pull over in a side street and hand over his cash.

The driver refused, so the suspects started attacking him. He pulled over at the corner of Victoria and Albrow Lake Road and got out — at which point one of the male passengers took off with

the cab.

Police say the cab was found a short time later on Wyse Road.

The 35-year-old driver sustained minor injuries in the assault, but didn't hand over any money.

Only a limited description of the suspects is available.

METRO

Cops charge teens after trio sprayed with mace

Two male teens aged 19 and 16 are facing charges after three people were sprayed with mace in Dartmouth around 8 p.m. on Saturday.

A 44-year-old man was walking in the 200 block of Windmill Road when two males approached him, yelled and then sprayed him in the face with bear spray. When the victim chased the

suspects, police say he was struck in the head with the canister.

After fleeing, police say a second man was also sprayed with mace along Windmill Road. The third victim, 19, was sprayed on Wyse Road, and then stabbed. He suffered a minor injury.

Police say they were able to get descriptions of the

Assault charges

Both teens are charged with assault with a weapon and possession of a weapon.

two suspects from witnesses and the two teens were arrested a short distance away.

METRO

Cardinal Ouellet earns blessing for pope — but not because they like him

Sexual abuse. Group feels best way to get local scandal noticed is to net Quebecois pope

A Quebec group representing people abused by priests hopes Cardinal Marc Ouellet will be the next pope, though not necessarily because it feels he's the best candidate.

Spokesman Carlo Tarini says a Ouellet papacy would thrust a number of sexual-abuse cases involving Quebec priests into the spotlight.

"The people here today are not here in jest supporting his nomination as pope," Tarini said at a small rally on Sunday on the steps of a Montreal church.

"They are really hopeful that he is elected, because 1.2 billion Catholics will be made aware of the victimization of children here in Quebec by pedophile priests."

Many at the rally, which included members of other victims groups, said they are hopeful for progress on cases that have long been stalled.

Tarini suggested appointing a mediator between the church and victims, such as former Supreme Court justice Michel Bastarache, who took on a similar role in New Brunswick.

The Quebec-born Ouellet is considered one of the contenders to succeed Pope Benedict.

Ouellet has come under fire from critics who say he didn't do enough to address sexual abuse in his home province.

Lucien Landry, head of an organization for abused Quebec orphans, said Ouellet didn't make an effort to work with victims while he was archbishop of Quebec City.

Landry attended the rally but stressed that he doesn't believe things would be any different if Ouellet became pope.

"In our heart of hearts, we don't think he would fix the situation," he said.

In an interview with the CBC last week, Ouellet defended the church's handling of its sexual-abuse scandals and said it had to bear intense public scrutiny.

"But it is not a Catholic problem; it is a human problem," he said. **THE CANADIAN PRESS**



A group representing those abused by priests protests outside a Montreal church. GRAHAM HUGHES/THE CANADIAN PRESS

Personal life

Family fears papal win

The papal front-runner is also known for fancying moose-steak dinners, eating dessert off a sibling's plate and gunning his uncle's tractor until it broke — though he is also remembered for nearly burning down the family barn.

If he becomes pope, however, Cardinal Marc Ouellet's family fears such intimate moments will be lost forever.

"We're quite frank about it as a family — we would prefer to have a brother," his younger brother, Roch, said in an interview in their hometown of La Motte, Que.

Marc sent a message to his family last month, instructing them to think of their 90-year-old mother's well-being during what he predicted would be an inevitable media storm.

Pardon backlog to last for years

The Parole Board of Canada has begun to tackle a backlog of almost 22,000 pardon applications, many of which have been stuck in limbo for years.

The backlog is expected to last for another two years.

All the files pre-date the March 2012 omnibus Conservative crime bill, when the Harper government quadrupled the application fee to \$631. Those

who applied under the higher fee are at the front of the line.

Public outcry over a controversial pardon led Parliament in June 2010 to beef up the system by making the Parole Board grant no pardon that could bring the administration of justice into disrepute.

A three-strikes rule was proposed, so that anyone with more than three convictions

for indictable offences with two-year sentences could never be pardoned. Certain offences, such as sex crimes against children, were made ineligible.

The crime-free cooling-off period after a sentence was served was increased to five years from three for lesser offences and doubled to 10 years from five for indictable offences. **THE CANADIAN PRESS**

Origin

The backlog is the result of a crackdown sparked by a single case. In May 2010, it was revealed that Graham James, a former junior-hockey coach convicted of sexually assaulting players, had been pardoned years earlier.

Resource control

Harper heads north for talks to give N.W.T. new powers

Prime Minister Stephen Harper will travel to Yellowknife Monday to mark the end of talks granting province-like powers to the Northwest Territories.

The deal, which has

been a top agenda item for territorial premiers stretching back two decades, will put control over northern resources in the hands of northerners for the first time. It will also give them a big chunk of the royalties those resources produce, money that will also be shared with the N.W.T.'s aboriginal governments.

Monday's draft will then go out for public consultation. **THE CANADIAN PRESS**

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MARITIMES

Widow's wish. London Tube to restore classic 'Mind the Gap' recording

A widow's wish to hear her late husband's voice again has prompted London's subway system to restore a 40-year-old recording of the subway's famous "mind the gap" announcement.

The Underground, also known as the Tube, tracked down the voice recording by Oswald Lawrence after his widow, Margaret McCollum, approached its staff and told them what it meant to her.

McCollum, 65, said Sunday she used to frequently visit Embankment station or plan her journeys around the stop to listen to Lawrence's voice, even before his death in 2007. She was taken aback in November when she noticed it had been replaced by a different voice.

"For many, many years it was on the Embankment Station northbound platform. That's a station I used a lot," the retired doctor said.

Lawrence was a drama-school graduate when he auditioned for the Tube recording, she said. He went on to become a theatre actor and then worked for a tour and cruise company.

When McCollum approached a Tube worker, she

Special meaning

"After he died, I would stay on the platform, I would just sit and listen to it again.... It was a huge comfort. It was very special."

Margaret McCollum, widow of Oswald Lawrence. Lawrence provided the voice for the London Tube "mind the gap" announcement 40 years ago.

was told the station had a new broadcast system and it could not use the old recording anymore.

But Nigel Holness, director of London Underground, said its staff has been so moved by McCollum's story that they dug up the recording and gave the widow a copy of the announcement on a CD for her to keep. Tube staff are also working to restore Lawrence's announcement at the station, he added.

The Tube's automated "mind the gap" messages, voiced by various actors, have accompanied countless London commuter journeys since the 1960s.

THE ASSOCIATED PRESS



A passenger waits for a train at Baker Street Underground Station in January in London, England. DAN KITWOOD/GETTY IMAGES

Sanctuary reopens after fatal lion attack

In mourning. Family of intern killed last week say they believe safety protocols were followed at the private zoo in California

A California animal sanctuary where an African lion killed a 24-year-old intern reopened to the public on Sunday with the support of the victim's family.

Cat Haven, a private zoo run by the non-profit Project Survival, observed a moment of silence at noon for Dianna Hanson, who was fatally attacked by the 550-pound male lion on Wednesday.

Cat Haven founder Dale Anderson said the park was returning to normal operations so the staff could focus on taking care of its remaining 29 wild cats, but "we continue to mourn the loss of two family members."

"Dianna would want the work that we are doing to continue and we are reopening to the public with consent from Dianna's parents," Anderson said at Sunday's news conference. "Her passion for working with these animals was contagious."

Investigators believe the lion, known as Cous Cous, lifted the door of a partially closed feeding cage with its paw and attacked Hanson as she cleaned a larger enclosure area, according to Fresno County coroner David Haden.

Hanson, who had been working as a Cat Haven volunteer for two months, died



Dale Anderson, founder of Project Survival Cat Haven near Dunlap, Calif., walks quietly last Thursday with Pele, a female lion, at the same fenced habitat where a day earlier sanctuary worker Dianna Hanson, 24, died from an attack by Cous Cous, a male lion twice the size of Pele, according to Anderson. ERIC PAUL ZAMORA, THE FRESNO BEE/THE ASSOCIATED PRESS

immediately from a broken neck, according to the coroner's report.

A sheriff's deputy fatally shot the five-year-old lion after it couldn't be coaxed away from Hanson's body.

Fresno County Sheriff Margaret Mims did not provide many new details about the investigation at Sunday's news conference, but said the gate that was supposed to contain the lion was not completely closed.

"We believe this was an accident, an error," Mims said, according to the Fresno Bee.

THE ASSOCIATED PRESS

Fund set up in memory of worker

Hanson's relatives say they also believe her death was an accident and that safety protocols were followed at Cat Haven, a 100-acre park in the Sierra foothills about 40 miles east of Fresno.

- Wendy Debbas, president of Project Survival, read a letter Sunday from Donna Anderson, the victim's mother, who said she supports the decision to reopen Cat Haven.

- "I am living every mother's worst nightmare in losing a cherished child," Anderson said in the letter. "It is my desire that they continue their mission in support of saving my daughter's beloved creatures."

- Hanson's family announced Friday that a fund has been set up in her memory and urged people to donate to the wildlife organizations she loved, including Cat Haven.



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India. Gang-rape suspect commits suicide in New Delhi prison, police say

The main suspect in the gang rape and fatal beating of a woman on a New Delhi bus, an attack that horrified Indians and set off national protests, committed suicide in jail Monday, police officials said.

Ram Singh, who is accused of driving the bus on which the 23-year-old student was raped and fatally assaulted by a group of six men in December, hanged himself with his own clothes, said G. Sudhakar, the top police official at Tihar jail.

Singh, along with four other men on trial with him

on rape, murder and abduction charges, had been under a suicide watch, another jail official said on condition of anonymity because he was not authorized to speak publicly on the matter. He said the five were being held in separate cells in separate buildings at the jail.

Singh's lawyer, A. P. Singh, confirmed his client's death, but alleged it was the result of police maleficence.

"What do you mean killed himself? He has been killed in prison," Singh said.

THE ASSOCIATED PRESS

Climate change

North Pole going South: Study

Newly published research says climate change has already altered seasons in the Arctic to make them more like southern regions.

And while tundra plant communities are already be-

coming shrubbier, scientists behind the paper say there's no way to predict what's going to happen as the change continues.

It's long been known that climate change is proceeding more quickly in the Arctic than anywhere else — about twice the global average.

THE CANADIAN PRESS

Deaths of foreign hostages in Nigeria confirmed



A man reads a newspaper in Kano, Nigeria, on Sunday. The Islamist group Ansaru used the presence of U.K. warplanes in the country's capital, which the U.K. claims were ferrying troops in support of the Mali intervention, as a partial excuse for allegedly killing seven foreign hostages. SUNDAY ALAMBA/THE ASSOCIATED PRESS

Radical Islamists.

Militant group says seven victims were killed because of suspected rescue efforts

Radical Islamic fighters killed seven foreign hostages in Nigeria, European diplomats said Sunday, making it the worst such kidnapping violence in decades for a country beset by extremist guerrilla attacks.

Nigeria's police, military, domestic spy service and presidency remained silent over the killings of the construction company workers, kidnapped Feb. 16 from northern Bauchi state. The government's silence only led to more questions about the nation's continued inability to halt attacks that have seen hundreds killed in shootings, church bombings and an at-

tack on the United Nations.

The latest victims were four Lebanese and one citizen apiece from Britain, Greece and Italy.

Britain and Italy said all seven of those taken from the Setraco construction company compound had died at the hands of Ansaru, a previously little-known splinter group of the Islamic sect Boko Haram. Greece also confirmed one of its citizens was killed, while Lebanese authorities didn't immediately comment.

Italy also denied a claim by Ansaru that the hostages were killed before or during a military operation by Nigerian and British forces, saying there was "no military intervention aimed at freeing the hostages."

"We note that the terrorists never communicated or formulated demands to release the hostages," said Greece's foreign ministry, which also denied any military raid took place. THE ASSOCIATED PRESS

Ask the Experts

Tips from an Insider

Thinking of selling your old Gold and Silver? You Should, But Be Smart About It.

Over the past five years, the price of gold and silver has seen a dramatic increase. Over the past couple of years, you no doubt, have noticed an increase in the number of companies eagerly willing to take that old gold and silver off your hands for you.



My name is Matthew MacQuarrie. I am the President of Recycle Frog, and yes, we buy gold and silver. I began working with precious metals at the Royal Canadian Mint, and later went on to hold a Vice President position with one of the worlds largest refining groups. If you're considering selling gold and silver, whether you decide to deal with us, or not, consider the following tips.

They may just be worth their weight in... nah, I won't go there.

Deal Locally: Local companies depend greatly on word of mouth advertising and are much more likely to treat you fairly. A company that simply travels city to city will often take advantage of potential customers whenever possible. The reason is simple, typically buyers are paid on commission, (so the lower your payout, the higher their payout). And why not, its not like they're ever going to see you again. Harsh but true.

Don't Let the Material Out of Your Sight: Many gold buyers will lure you to their location and ask

you to wait while one of their "experts out back" determines the value of your material. Negotiations then take place while your material is no where to be seen. This approach is often accompanied with the "hard sell". In the worst cases, customers have even reported missing items after material is returned. Avoid putting yourself in this position.

Guaranteed Highest Payouts!!! v.s. Being Treated Fairly: Remember what your mother told you, "If it sounds too good to be true...": Most of the advertising our industry uses is aimed at the greedy

side of all of us. Everybody wants the most money, but the fact is, no one in this business is doing it for free. In my experience, the companies boasting the loudest about their payouts are usually the ones paying the least, regardless of their "posted rates" or "highest price guarantees". So be realistic, and deal with a company that has a good reputation.

There is no question, selling gold and silver at current prices, just makes sense. And, our industry is like any industry, there are good companies and there are bad companies. Recycle Frog has always prided itself on providing consumers with relevant information and treating its customers fairly. For more information or to schedule and evaluation please visit recyclefrog.com or

call 902.405.4114 to find out about their upcoming events or to schedule an in-office appointment. You'll be glad you did.



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Open-concept, waterside living: Yours for a song!

Need a fixer-upper?

Homes damaged by
Superstorm Sandy are
hitting the market,
some at big discounts

It sounds like the premise for a new reality TV series: Hurricane House, in which people would scour waterside communities in New Jersey and New York looking to buy homes damaged by Superstorm Sandy at a deep discount.

While there are bargains out there, ranging from 10 per cent off pre-storm prices for upscale homes on New York's Long Island and the Jersey Shore to as much as 60 per cent off modest bungalows in Staten Island and Queens, it's still very much a game of buyer beware.

Not only are buyers on the hook for repairs and in some cases total rebuilds, they're also wading into a host of potentially expensive uncertainties about new flood maps and future insurance rates, zoning changes and updated building codes.

"It's totally changed the way I sell real estate," said Lawrence Greenberg, a sales associate with Van Skiver Realtors, whose own Mantoloking, N.J., office was wrecked in the storm.

Prior to Sandy, prospective buyers rarely mentioned issues such as flood maps and building elevations until the matter of flood insurance came up — often at closing. "Now,



This Oct. 30, 2012 file photo provided by the U.S. Air Force shows an aerial view of the devastation along the New Jersey shoreline following Superstorm Sandy. Increasingly, homes damaged by Sandy are being put up for sale.
MASTER SGT. MARK C. OLSEN/U.S. AIR FORCE/THE ASSOCIATED PRESS FILE

Quoted

"They either don't have the funds or don't have the energy to go through the renovating and rebuilding process."

Jeff Childers, a broker with Childers Sotheby's International Realty in Normandy Beach, N.J., explaining why some homeowners with Sandy-damaged properties are choosing to sell their houses rather than rebuild.

everybody asks the question of elevation," Greenberg said. Even if potential buyers plan to tear down and build new, they ask about the pending changes in flood maps proposed by the Federal Emergency Management Agency, because flood insurance rates will depend upon the new zones.

The number of for-sale listings in January in the 380 zip codes hit by the storm was about two per cent below the same time last year, according

to online real estate information company Zillow Inc. That indicates that most homeowners are rebuilding, or have not yet decided how to proceed.

But real estate agents in New York and New Jersey say the majority of homes for sale in these areas have some damage from the Oct. 29 storm, and it appears to them that a rising number are being put on the market as the spring home-buying season approaches.

THE ASSOCIATED PRESS

#notdeadyet. RIP, but keep on tweeting

Twitter fanatics can now rest in peace comfortably knowing that they can continue to tweet from beyond the grave.

Drew Matthews, 35, an avid Twitter user from Toronto, is among those who have signed up for a project that keeps a Twitter user's account going after they die.

LivesOn, being developed by British ad agency Lean Mean Fighting Machine, will set up a second Twitter account that will add "LIVESON" to the user's current handle and study tweets, favourites, retweets, and even writing style in order

to eventually begin replication.

Matthews says he tweets about 10 times per day and wonders how LivesOn will be able to mimic his style. "Sometimes tweets are just movie or song quotes and sometimes it's situational," says Matthews.

"I tend to complain about a lot of stuff so I don't know if (my LivesOn account) will be complaining until the end of time or if it knows I've tweeted about songs and it picks out other lyrics to post."

Dave Bedwood, a LivesOn spokesman, says the accounts will begin generating tweets

while the user is still alive as it continues to improve its mimicking of the user's syntax. "Once people get over the death question, there's the fact that this will be very useful for the living," he says.

LivesOn accounts will be private and will only have one follower: the user that it's mirroring.

When the user is deceased, a family member or close friend can decide whether to make the account public so that tweets can continue to be generated from the afterlife.

THE CANADIAN PRESS

I'LL PASS ON DONATING TO NDP

Few will be surprised to know I'm a financial as well as philosophical supporter of the New Democratic Party.

I've been making modest, tax-writetoff-able, publicly recorded donations since the early 1980s.

Giving then seemed more act of charity than political statement. Times have changed. Federally, the NDP is now the official Opposition. And, in Nova Scotia in 2009, the party of the never-wins won majority government.

I still give, though I don't necessarily — or often — agree with actions of the government that carries my party label.

But I distinguish between a political party like the NDP, which has the luxury of a consistent, coherent philosophy, and a government like Darrell Dexter's NDP, which has the messy job of making decisions in a province hobbled by decades of other-party-accumulated debt and a world buffeted by no-one's-really-in-control-anymore freakynomics.

Most of the time, my convenient party-state fiction works.



URBAN COMPASS
Stephen Kimber
halifax@metronews.ca

But a recent post-Liberal-annual-meeting, political-is-personal fundraising email from NDP party president David Wallbridge gave me pause.

Wallbridge's email legitimately asked whether the Liberals are still spending 1970s-era, kickbacks-tainted funds to underwrite expenses like their own recent attack ads on the Dexter government? Calling Liberal lack of transparency "disappointing (and) wrong," Wallbridge segued: "I guess it's not surprising." Cue the ominous, Michael-Ignatieff music. "We don't know a lot about Stephen McNeil."

Huh? After a decade in the legislature, six as Liberal leader, four as leader of the Opposition, what do we not know about Mc-

Neil that we knew about Dexter when we made him premier? "He hasn't ever held any leadership or other such job in his life."

Really? Politics don't count in politics? Or is this a not-so-subtle swipe at McNeil's unworthy pre-politics career as owner of a small appliance repair shop.

"In fact," Wallbridge goes on, adding stupidity to innu-

A not-so-subtle swipe?

A recent post-Liberal-annual-meeting, political-is-personal fundraising email from NDP party president David Wallbridge gave me pause.... "We don't know a lot about Stephen McNeil.... (he) had to hire a taxpayer-funded consultant to tell him how to run his office." Uh, isn't that what leaders should do when they need expertise?

endo, McNeil "had to hire a taxpayer-funded consultant to tell him how to run his political office." Uh, isn't that what leaders should do when they need expertise? Didn't Dexter hire consultants back in 2009 to tell him what to do about our economic situation? "We have to fight back," Wallbridge declared, "and we need your help." Press "Donate Now" button.

I'll pass this time, thanks.

ZOOM

Outlook bleak two years later



Post-tsunami Japan anything but clean

Two years after the triple calamities of earthquake, tsunami and nuclear disaster ravaged Japan's northeastern Pacific coast, debris containing asbestos, lead, PCBs — and perhaps most worrying — radioactive waste due to the crippled Fukushima Dai-ichi nuclear plant looms as a threat for the region.

So far, disposal of debris from the disasters is turning

out to have been anything but clean. Workers often lacking oversight, training or proper equipment have dumped contaminated waste with scant regard for regulations or safety, as organized crime has infiltrated the cleanup process.

Researchers are only beginning to analyze environmental samples for potential health implications from the various toxins swirled in the petri dish of the disaster zone — including dioxins, benzene, cadmium

and organic-waste-related toxins, said Shoji F. Nakayama of the government-affiliated National Institute for Environmental Studies.

Gangsters have long been involved in industrial waste handling, and police say they suspect gangsters are systematically targeting reconstruction projects, swindling money from low-interest lending schemes for disaster-hit residents and illegally mobilizing construction and cleanup workers.

THE ASSOCIATED PRESS

Fukushima

"Everyone, from bureaucrats to construction giants to tattooed gangsters, is trying to prey on de-contamination projects. And the government is looking the other way."

Nakamura, who only wanted to be identified by his last name out of fear of retaliation, said of the corruption that has plagued the restoration process.

Clickbait

Rumours are spreading like mustard on social media sites about 'secret menus' at your favourite fast food chains. Here's what you won't see featured. But shhh!

Mc10:35

Although the company insists otherwise, McDonald's does have many items on the underground menu, according to social media sites. One is the Mc10:35 — which is the inside of a McDougle burger, minus the bun, inserted into an Egg McMuffin. It can only be ordered at 10:35 a.m., during the shift change from breakfast to lunch.

McGangbang

A bold order to ask from anyone — especially your McDonald's cashier — the McGangbang is a double cheeseburger with a chicken patty in



between two beef patties.

Suicide Burger

Worried it might be your last meal? Take a bite into Burger King's suicide burger, composed of four beef patties, four slices of cheese, bacon and BK's special sauce.

Enchirito

This might be the worst-kept secret: Taco Bell has loads of items on the secret menu. One popular choice is the enchirito. It's the regular enchilada, stuffed with beef, beans, cheese, diced onions and red sauce.

Letters

Re: The Other F Word, published March 8.

In the small article by Delia MacPherson, your author undermined herself, women and men by perpetuating a stereotype that is highly untrue.

In it she says "... men and women are equal in every right with the exception of maybe physical strength."

Women are equal in this respect because training equals

far more strength than what you naturally have.

Additionally, there are men who are not naturally strong or muscular who are discounted by such a statement.

Women who have naturally muscular body types and are built like line backers are made to feel fat, weak and like they should not do sports while men with lean body types are made to feel less masculine and therefore wrong and bad.

Heather Wilson, Toronto

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca



Tonight's episode of *Dallas* has the characters attending a wake and funeral for J.R. Ewing. Actor Larry Hagman, who played J.R., died of cancer in November. HANDOUT

Dallas bids farewell to its magnificent villain

Celebrating Hagman.

Tonight's episode of TNT's revival of *Dallas* is a fitting tribute to the man behind one of TV's worst scoundrels

Who killed J.R.?

That's the mystery propelling *Dallas* through the rest of its second season as a TNT revival.

And that question hangs heavy in the upcoming episode (airing Monday at 9 p.m. EDT), which confirms the sad truth every viewer knew was coming: glorious scoundrel J.R. Ewing has died, after decades of living-on-the-edge infamy dating back at least to 1980, when he was gunned down in his office and left for dead, leaving every viewer wondering who shot J.R.

J.R.'s fate was sealed this time by the intrusion of reality. In November, Larry Hag-

man died of cancer at 81. And when he died, he took J.R. with him.

So the new episode — surely the first without Hagman's deliciously vile presence — stands as a fitting tribute both to him and to J.R., complete with a wake and a funeral for the rascally oil baron. Even the oh-so-familiar theme music is rearranged from its quickstep tempo to a dirge. The message of this episode,

Remembering J.R.

J.R.'s memorial takes place at the Dallas Petroleum Club, where high-powered mourners flock to bid him farewell. Here are real-life local swells, including *Dallas Cowboys* owner Jerry Jones and *Dallas Mavericks* owner Mark Cuban. Here are *Dallas* characters from way back, including former wild child Lucy (Charlene Tilton), J.R.'s niece; Ray Krebbs (Steve

titled J.R.'s Masterpiece, is J.R. is gone but not forgotten.

Last Monday's episode featured the last, brief appearances by a visibly frail Hagman. There were three isolated scenes with J.R., who for reasons unknown had gone missing from *Dallas*. But the action mostly swirled among the other characters as they squabbled over Ewing Energies, which has pitted cousins John Ross (played by Josh

Henderson) and Christopher (Jesse Metcalfe) in a battle for its control.

In his final scene, near the end of the hour, J.R. was glimpsed at an undisclosed location on the phone with John Ross.

"Don't you worry, son, I've got a plan," J.R. told him. "It's gonna be my masterpiece. Because you shouldn't have to pay for my sins."

"What do you mean?" asked John Ross, struck by J.R.'s rare show of tenderness.

"Just remember, I'm proud of you," said J.R., as John Ross' eyes moistened. "You're my son, from tip to tail."

But at that moment, John Ross heard gunshots. He screamed into the phone, "Dad! Dad!"

Who shot J.R.?

"I need to know who killed my father, and why!" snaps John Ross in the new episode.

Sue Ellen, his mother and J.R.'s long-suffering ex-wife (played by Linda Gray), hoists a *Dallas* directory and reminds



him, "Half the people in this phone book wanted to."

Yes, J.R. had legions of enemies with scores to settle. But who among them did the deed? And why did J.R.'s time run out, in all places, in a room at a Mexican flophouse?

The task for *Dallas* to outlive J.R. Ewing is huge. Rest in peace, Larry Hagman. But there better be no peace on this show in J.R.'s absence if it hopes to survive its magnificent villain.

THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ivy Lynn putting on a plain, public personality

THE
WORD
Meredith Engel
scene@metronews.ca



Ivy Lynn, the emotional and outspoken would-be starlet on NBC's *Smash*, would never waste a moment in the spotlight.

But when we caught up with Megan Hilty, the actress who plays the dynamic character last Friday directly following her Carnegie Hall debut singing along with the New York Pops, we learned that her public persona is practically too perfectly polished, as if erring on the side of forgettable.

After all, she kicked off the show by claiming that it was "literally a dream come true," and the clichés didn't end there.

What did it feel like to take that illustrious stage?

"It's great to be in front of a live audience again."

Was she nervous about performing as herself, rather than playing a character?

"That's the beauty of live theatre, I'm never going to be perfect."

Would she be willing to get competitive if she had to face off against *Smash* co-star Katharine McPhee for a role, mirroring the ongoing

theme on the show?

"No, we all love each other."

And how would Ivy handle getting a solo concert at Carnegie?

"She probably would have had many more costume changes than I did."

Wait, did she just confirm our thoughts that her fictional persona would make a more memorable impression? The most interesting "confession" came when the actress slyly revealed that she does in fact sit down to watch her own show air on Tuesday nights during a dialogue with Pops conductor Steven Reineke mid-show. Thankfully, we did witness a glimmer of that big Ivy personality when the blonde was visibly relieved to confirm that the bottle of champagne sitting nearby at the after-party was reserved for her. We can relate to any woman who puts her stiletto down when it comes to the serious issues, like getting her hands on a well-deserved glass of bubbly.

Miley Cyrus denies her wedding is cancelled

While her fiancée, Liam Hemsworth, is in his native Australia spending time with family, Miley Cyrus finds herself doing damage control, taking to Twitter to quash rumours that their relationship is in trouble.

"I am so sick of L.A. And sick of the lies that come with it," she posted last week. "I didn't call off my wedding."

Of course, being spotted out and about in Hollywood without her engagement ring on probably doesn't help. But a source assures E! News that all is well in the Hemsworth-Cyrus household.

"She is not listening to what everyone is saying about her and Liam," the source says. "Everything is fine between them, as far as I know."



Miley Cyrus

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Dental

Protect your baby's first teeth

We don't usually associate cavities or gum disease with infants, but in reality, oral diseases can begin early.

For example, early childhood caries is a form of severe tooth decay in the baby teeth of children from birth to age three.

It affects more than 10 per cent of preschool-aged children in Canada.

Parents can reduce the risk by following these simple care tips with your little one.

- Wipe baby's mouth and gums with a clean, wet cloth or piece of gauze after feeding.
- Gently clean newly erupted teeth with a small, soft toothbrush.

- Avoid fruit punches and other sweetened drinks in baby bottles, especially before bed.

- Rinse baby's mouth with water immediately after any liquid medication is given.

- Avoid transfer of your saliva onto items used by baby, including bottles, cups, pacifiers.

- Begin regular dental visits by



Baby teeth are important to healthy adult teeth. ISTOCK

age one. NEWS CANADA

Exclusively online

Apparently getting a Soho House membership is child's play versus snagging you a spot in the toddler room at Alphabet Academy. Follow along with the comedic (mis)adventures of mommyhood with Reasons Mommy Drinks online at metronews.ca/voices



One, two, three ... break!

Spring break. It's not a reason to let the kids run wild, so stay calm and formulate a plan



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Just because the kids are on a so-called "break" doesn't mean you get to take a break from being a parent — I've tried. Personally, I like calling it March break instead of spring break. That's mostly because it's more descriptive in terms of the timing of it, but also because it serves as a reminder that we can, as parents, at any point during this "week off," demand that our kids "march." To their room to clean it up, to the dinner table without complaining, to the shower when they start

Congratulations

Kathy Buckworth's latest book, *I Am So the Boss Of You: An 8 Step Guide To Giving Your Family The "Business",* has been optioned by Warner Brothers for a TV sitcom.



Talk to other parents to see if they'd be willing to combine some of the activities you have planned. ISTOCK

to smell and to the front door to get outside and start shovelling away that "spring" snow.

March break doesn't mean breaking the rules or the routines — in terms of bedtimes, meals and, let's face it, personal hygiene — but it can be a great time to break out some new activities that don't normally fit into your schedule.

If you have more than one child to organize during the week, have a discussion with all

of them to find out what they'd like to do, beyond just "not go to school." But do your own research first. Look up a few free activities (start with community events) so you'll have some easy and cheap suggestions to make to them.

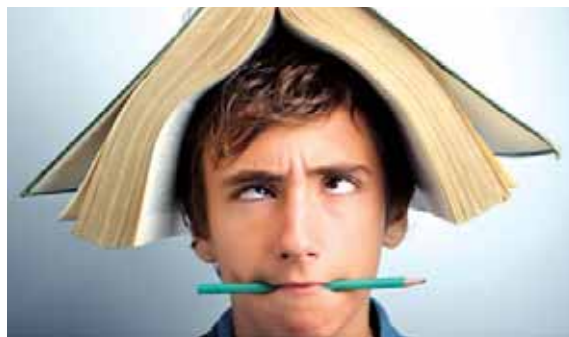
Check out what (appropriate) movies will be playing, find out the hours and rates of pay-for activities at the bowling alley or roller rink near you and look into whether your lo-

cal public swimming pool has special events or hours in place during the break.

Talk to other parents to see if they want to either join you and your kids for some of your activities, and also if they'd be interested in trading off some time so that you can both get done what needs to be done during the week. Laundry and grocery shopping don't go on holidays! Trust me, I've also tried this.

Resist the temptation to let the kids stay up late as a treat, as it can be tough to get them back into regular bedtimes on the Sunday night before school starts up again, let alone having to deal with an overtired and under-eager student the next morning. You'll be ready for a break from the break by then yourself. **KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.**

Return of the disruption that is daylight time



Kids and teens could be affected by daylight time for up to a week. ISTOCK

The idea of the hour of sleep we lost this past weekend may seem daunting to adults, but experts caution the return to daylight time could be more disruptive for kids and teens.

Younger Canadians are a notoriously sleep-deprived group, they said, adding that "spring forward" has the potential to bring even more disorder to unstable nighttime routines.

Dr. Shelly Weiss, a pediatric sleep expert with Toronto's Hospital for Sick Children, said kids and teens can feel the ef-

fects of losing a single hour of sleep for up to one week.

"It's harder to adjust in the spring because you're going forward, but if parents already have good routines, it's pretty simple to change," she said in a telephone interview.

To get kids into bed earlier, Weiss recommends removing laptops, cellphones and other electronics from the bedroom.

Such a move would eliminate potential bedtime distractions while also creating a darker room that's more conducive

to sleep, she said.

Weiss said research suggests a quarter of parents report that their children have trouble sleeping, a phenomenon she chalks up in part to poor sleep habits.

"Unfortunately there are many children who don't have a regular routine or a regular sleep and wake time," Weiss said. "It gives you a good chance to think about how you could improve that around daylight savings in an ongoing way."

THE CANADIAN PRESS

Chicken's dressed to impress in this avocado salsa dish

ROSE
REISMAN
life@metronews.ca

This is a beautiful looking (and tasting) chicken dish to wow your guests. The salsa has a fresh taste, and the contrasting colours are beautiful. For a more formal dinner, make this with chicken supreme — the breast with wing attached.

Ingredients

- 4 skinless boneless chicken breasts (about 1 lb)
- 3 tbsp cornstarch
- 1 tbsp vegetable oil
- 1 cup chopped plum tomatoes
- 1/2 cup diced avocado
- 3 tbsp chopped cilantro
- 1 tbsp olive oil
- 2 tsp freshly squeezed lime or lemon juice
- 1 tsp minced fresh garlic
- 1/2 tsp liquid honey
- 1/2 tsp hot sauce



This recipe serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

A student chef gave me a great tip to prevent avocados from going brown. Before cutting the avocado and without piercing it, heat it on high in a microwave for 30 seconds. It truly works!

Serve the chicken alongside grilled vegetables.

1. One at a time, place the

chicken breasts between sheets of waxed paper and pound to an even 1/2-inch thickness. Dust with cornstarch.

2. Spray a non-stick skillet with cooking oil, add the vegetable oil and place over medium high heat. Cook the chicken, turning once, for 5 to 8 minutes, or until no longer pink at the cen-

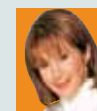
tre. Place on a serving dish.

3. To make the salsa, combine the tomatoes, avocado, cilantro, olive oil, juice, garlic, honey and hot sauce.

4. Spoon the salsa over the chicken before serving. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

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For those days when you're just too tired, busy or lazy to cook, there are microwave dinners. But they'll also fill you up with calories and fat if you're not careful.



Hungry Man Backyard Barbeque

780 calories / 29 g fat
Consisting of chicken and pork patties, mashed potatoes, corn and a brownie, you're consuming half your daily calories.

Equivalent

One Hungry Man Backyard Barbeque meal is equivalent in fat to six grilled chicken burgers from Harvey's.



Hungry Man Roasted Carved White Turkey

500 calories / 14 g fat
The turkey, mashed potatoes, stuffing and apple cranberry dessert is a better choice with fewer calories and half the fat.



Speedy, weeknight Chicken Curry



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Wanting a Coconut Chicken Curry that is fast and not loaded with fat isn't too much to ask.

Let's start with the sauce. The key is to make it rich and flavourful without resorting to the usual culprit — full-fat coconut milk. The solution is to start with a small amount of light coconut milk and doctor it up. Puréeing into roasted red peppers and a small onion is just the trick.

For that something sweet, try adding grated carrots. You

can't go wrong with just the right amount of natural sweetness. A hefty dose of curry powder and lemon grass added during cooking rounds it all out.

To make sure it all comes together, all you have to do is bring the sauce to a simmer in a large sauté pan, then add the chicken. To bulk out the recipe with protein, add chickpeas.

1. In a blender or food processor, combine the red peppers, onion, broth, coconut milk and

curry powder. Process or purée until completely smooth.

2. Pour sauce into large, deep sauté pan over medium-high heat. Bring to simmer. Use a meat mallet to crush lemon grass, then add to sauce. Stir in chickpeas and carrots. Nestle chicken into sauce, being sure tops are covered. Reduce heat to maintain a simmer and cook, uncovered, for 20 minutes.

3. Remove and discard lemon

Ingredients

- 12-oz jar roasted red peppers, drained
- 1 small yellow onion, chopped
- 1 cup chicken broth
- 1/2 cup light coconut milk
- 2 tsp curry powder
- Three 3-inch lengths fresh lemon grass
- 15-oz can chickpeas, drained
- 1 cup grated carrots
- 1 3/4 lbs boneless, skinless chicken thighs

grass. Serve chicken with chickpeas, carrots and sauce spooned over it. **THE ASSOCIATED PRESS**

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Searching for work online is much easier than back in the wearing-out-your-shoe-leather days, but that doesn't mean there aren't protocols to follow. In fact, engaging in a virtual job search presents a whole new set of rules.

Here, according to Dr. James Norrie, a social media

Online oopsies

Don't get caught with your pants down

- If you're cavorting on social media websites, know that privacy is a myth.
- You need to be careful about claiming your love for fascist groups or displaying photos of a half-baked you.
- Don't overexpose personal traits on any social media site that you're not comfortable discussing at work.

Move past the moping

"Searching for a job online is like looking for a boyfriend or girlfriend ... you have to let everybody know that you're available. You're going to have lots of no's but to get a yes, you need to go through that."

Dr. James Norrie
Social media guru

Don't dismiss social media as a frivolous fad for teens

Larger Canadian employers often banned access to social media websites, especially early on because they didn't recognize their business value. "Employers

guru in Toronto, are some dos and don'ts for online job hunters:



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A quick button to blur your online past does not exist. Take your time to tidy things up. ISTOCK

thought it was some kind of fad or trivial toy,' says Norrie.

"It's here to stay and people are starting to grasp this."

Don't overlook the power of social media

What gives social media its clout is what Norrie calls the network of networks or the ability users have to access and interconnect with the networks of other people, resulting in a far-reaching web of associations.

Don't be afraid to tell your network that you're job searching

Fewer and fewer jobs are advertised so you need to learn how to find and work the hidden job market. And, according to Norrie, LinkedIn is the number one hidden job

network.

Use the power of your network and let people know you're actively looking for work. Share your credentials, talents and experience. Ask your connections to open up their networks to you.

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

Research shows that job opportunities are often twice removed — somebody who knows somebody you know leads to the job.

Do manage your online reputation

Google yourself and see what pops up. And don't be relieved if it's nothing. Norrie says it's not that difficult to become irrelevant in the digital world. The question you need to ask is how can I make sure what's there is what I want to be there? Companies such as Reputation.com can manage your online reputation.

"You have to be aware that social media is becoming a go-to destination for consultants and HR people. The world of social media is not going away and we're all going to need to master what that means."



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AUS women's basketball

Huskies gain redemption and championship

The Saint Mary's Huskies got their revenge on Sunday.

Big time.

The Huskies blasted the St. Francis Xavier X-Women 90-57 in the Atlantic University Sport women's basketball final in Fredericton.

The No. 1 seed from Saint Mary's arrived in the New Brunswick capital loaded with motivation, having wrapped up a stellar regular season on a sour note when they lost to the X-Women in Antigonish.



Justine Colley
CONTRIBUTED

As far as their head coach

Scott Munro was concerned, his team saved its best for last.

"We fought hard all season," Munro said. "That loss really gave us motivation, got us back on track. It was great to see the girls play their best basketball."

Canadian Interuniversity Sport leading scorer Justine Colley of Saint Mary's had another stellar game, collecting 30 points to go with 11 rebounds.

The Huskies will now prepare for nationals hosted by the University of Regina this weekend. Saint Mary's goes in as the second seed and will face the seventh-ranked Fraser Valley University Cascades in the last of four quarter-finals on Friday night.

ANDREW RANKIN/METRO

CIS men's basketball

Ravens romp to record ninth title

The Carleton Ravens men's basketball team entered the history books on Sunday, winning their record-breaking ninth championship with an emphatic 92-42 victory over the Lakehead Thunderwolves.

Ravens forward and tournament MVP Thomas Scrubb was the top scorer in the final with 17 points and eight rebounds.

The Ottawa Gee-Gees beat the Acadia Axemen 92-85 in the bronze-medal game. **THE CANADIAN PRESS**



Halifax Mooseheads netminder Zach Fucale stopped 64 of 67 shots in back-to-back victories over the rival Moncton Wildcats this weekend. JEFF HARPER/METRO

Frk plays spoiler as Moose beat Wildcats

No rest. Halifax back in action Monday at home for make-up tilt against Bathurst



ANDREW RANKIN
andrew.rankin@metronews.ca

The Halifax Mooseheads were their own worst enemy on Sunday but got the win anyway.

After giving up a pair of short-handed goals, the Mooseheads eked out a 3-2 shootout victory over the Moncton Wildcats in front of a sellout crowd of 6,685 at the Moncton Coliseum.

Without injured Nathan MacKinnon and Jonathan

Quoted

"The guys battled hard. It wasn't an easy game to play but we found a way to win." Dominique Ducharme

Drouin to anchor the power play, Mooseheads head coach Dominique Ducharme admitted his team has struggled in that department.

"The power play is a lot about chemistry, but you have to give them credit for doing a great job on the penalty kill. We made some bad decisions," Ducharme said. "But it's just one game."

Mooseheads forward Martin Frk netted the game-winner in the third round of the shootout.

Halifax coughed up two

one-goal leads; Allain Saulnier scored his second short-handed goal to knot the game at 2-2 with four minutes remaining in the second period.

But once again Mooseheads netminder Zach Fucale stood tall, making 32 saves en route to his 43rd victory of the season. Only three goalies have recorded more victories in a single season in league history.

Luca Ciampini and Dominic Beauchemin also tallied for the Mooseheads.

Mooseheads forward Darcy Ashley picked up a pair of as-

Weekend sweep

With the win the Mooseheads (54-6-3-1) swept their weekend series with Moncton. They also beat the Wildcats 3-1 on home ice Friday night.

sists to extend his point streak to 14 games.

MacKinnon and Drouin are day-to-day with minor injuries. Ducharme couldn't say whether they will play in Monday's home game at the Metro Centre against the Bathurst Titan at 7 p.m.

The game was originally scheduled for Feb. 9 but was postponed due to a winter storm in Halifax.

Rainmen playoff hopes take another hit

The Halifax Rainmen let another one slip away on Sunday.

Less than 24 hours after posting a huge 125-78 home win against the Oshawa Power, the Rainmen let a seven-point fourth-quarter lead slip away en route to a 118-112 road loss to the Summerside Storm.

Rainmen head coach Rob Spon attributed the loss to

fatigue.

"They gave it their all till the end, but you can't have 30 turnovers against a team that good," he said.

Former Rainmen Brandon Robinson led all scorers with 33 points and Akeem Wright paced Halifax with 29 points.

The Rainmen (19-19) are in a must-win scenario as they battle to make the

Late breakdown

13

The Rainmen were outscored by 13 points in the fourth quarter against Summerside.

playoffs.

They host the league-leading London Lightning at

the Metro Centre on Tuesday at 7 p.m. and cap the season with a rematch against the Storm on Saturday.

Spon is confident his players will come through and win both games to secure a spot in the playoffs.

"If we play like we did against Oshawa, there isn't anyone who can beat us."

ANDREW RANKIN/METRO

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4-SPORTS

Curling

Jacobs seals
Brier win for
Northern Ontario

Northern Ontario's Brad Jacobs won the Canadian men's curling championship on Sunday night in Edmonton.

His team from Sault Ste. Marie downed Manitoba's Jeff Stoughton 11-4 in Sunday's final at the Tim Hortons Brier.

It's the first Canadian championship for a Northern Ontario team since Al

Hackner won it in 1985, which was the year Jacobs was born.

Jacobs, third Ryan Fry, second E.J. Harnden and lead Ryan Harnden will represent Canada at the men's world curling championships next month in Victoria.

They stole three points in the first two ends and then scored three in the fourth to lead 6-2 and take control of the final.

Ontario's Glenn Howard beat Brad Gushue of Newfoundland and Labrador 7-6 in an extra end for the bronze medal.

THE CANADIAN PRESS



Northern Ontario skip Brad Jacobs, far right, celebrates his team's win over Manitoba on Sunday night in Edmonton. JONATHAN HAYWARD/THE CANADIAN PRESS

Canadian hopes crumble after U.S. bats come to life

WBC. Jones's eighth-inning hit opens U.S. floodgates as Canada's tournament comes to an end in Phoenix

Canada slipped on the edge of history, giving up a late lead and falling 9-4 to the United States on Sunday in a must-win game that eliminated the team from the World Baseball Classic.

Down 3-2 in the eighth inning, Adam Jones hit a two-run double off reliever Jim Henderson to give the U.S. its first lead of the game before Shane Victorino scored Jones on a single for a 5-3 lead.

Jonathan Lucroy added an insurance RBI and Eric Hosmer hit a three-run double off Canadian closer John Axford in the ninth that put the result beyond doubt.

Canada had pulled to within

On Sunday

9

United States

4

Canada

one after Adam Loewen hit a bases-loaded RBI in the bottom of the eighth inning, but pinch hitter Tim Smith grounded out to end the inning and ultimately Canada's tournament.

"We played a tough game and obviously the U.S. came out on top, but we're holding our heads high," Canadian outfielder Michael Saunders said. "We came to this tournament prepared and we felt like we played well. A few innings didn't go our way, but I think we played well and I think we showed the world that Canada is here to stay."

Canada controlled Sunday's game until Jones's hit, with



American Adam Jones scores a run in the eighth inning of a 9-4 win over Canada at the World Baseball Classic on Sunday in Phoenix. Canada was eliminated with the loss. CHRISTIAN PETERSEN/GETTY IMAGES

Saunders hitting a two-run homer in the second inning and Loewen's single putting Canada ahead 3-2 in the sixth.

But U.S. relievers Heath Bell, David Hernandez, Steve Cishek and closer Craig Kimbrel stifled Canada's offence while American batters did the rest.

Canada (1-2), which has

never advanced past the first round, began the tournament with a humiliating 14-4 loss to Italy that ended after eight innings due to the 10-run mercy rule. But the team fought back, literally, in the second game against Mexico with a 10-3 victory capped by a bench-clearing brawl. THE CANADIAN PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	47	14	.770	—
New York	38	22	.633	8½
Indiana	39	24	.619	9
Brooklyn	37	26	.587	11
Chicago	35	28	.556	13
Boston	34	28	.548	13½
Atlanta	34	28	.548	13½
Milwaukee	32	29	.525	15
Toronto	25	39	.391	23½
Philadelphia	23	39	.371	24½
Detroit	23	41	.359	25½
Cleveland	21	42	.333	27
Washington	20	41	.328	27
Orlando	18	46	.281	30½
Charlotte	13	50	.206	35

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	48	15	.762	—
Oklahoma City	47	16	.746	1
Memphis	42	19	.689	5
L.A. Clippers	44	20	.688	4½
Denver	42	22	.656	6½
Golden State	35	29	.547	13½
Houston	34	30	.531	14½
L.A. Lakers	33	31	.516	15½
Utah	32	31	.508	16
Portland	29	33	.468	18½
Dallas	29	33	.468	18½
Minnesota	21	39	.350	25½
Phoenix	22	41	.349	26
New Orleans	22	42	.344	26½
Sacramento	22	43	.338	27

Note: division leaders ranked in top three positions regardless of winning percentage.

Sunday's results

Oklahoma City 91 Boston 79
L.A. Lakers 90 Chicago 81
Toronto 100 Cleveland 96
Miami 105 Indiana 91
Orlando 99 Philadelphia 91
Dallas 100 Minnesota 77
New Orleans 98 Portland 96
Milwaukee 115 Sacramento 113
Detroit at L.A. Clippers

Saturday's results

Brooklyn 93 Atlanta 80
New York 113 Utah 84
Washington 104 Charlotte 87
Memphis 96 New Orleans 85
Phoenix 107 Houston 105
Denver 111 Minnesota 88
Milwaukee 103 Golden State 93

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	26	18	8	0	97	76	36
New Jersey	26	12	9	5	65	75	29
NY Rangers	24	13	9	2	63	58	28
NY Islanders	26	11	12	3	77	88	25
Philadelphia	27	12	14	1	75	82	25

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Montreal	26	17	5	4	84	66	38
Boston	22	16	3	3	67	48	35
Toronto	26	15	10	1	79	70	31
Ottawa	25	13	8	4	59	51	30
Buffalo	26	9	14	3	67	83	21

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	24	14	9	1	75	69	29
Winnipeg	25	12	11	2	63	74	26
Washington	24	10	13	1	69	72	21
Tampa Bay	25	10	14	1	85	79	21
Florida	26	7	13	6	64	98	20

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Sunday's results

New Jersey 3 Winnipeg 2 (SO)
Edmonton 6 Chicago 5
Columbus 3 Detroit 2 (SO)
Pittsburgh 6 NY Islanders 1
NY Rangers 4 Washington 1
Montreal 5 Florida 2
Philadelphia 3 Buffalo 2
Colorado 3 San Jose 2 (OT)
Anaheim 4 St. Louis 2
Minnesota 4 Vancouver 2

Saturday's results

Pittsburgh 5 Toronto 4 (SO)
Los Angeles 6 Calgary 2
Columbus 3 Detroit 0
Carolina 6 New Jersey 3
Minnesota 2 Nashville 1 (SO)
Phoenix 2 Dallas 1
NY Islanders 5 Washington 2
Boston 3 Philadelphia 0
St. Louis 4 San Jose 3 (OT)
Montreal 4 Tampa Bay 3
Monday's games
All times Eastern
Boston at Ottawa, 7:30 p.m.
Calgary at Los Angeles, 10 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	26	21	2	3	85	58	45
Detroit	26	12	9	5	68	66	29
St. Louis	25	13	10	2	76	77	28
Nashville	25	10	9	6	54	61	26
Columbus	26	10	12	4	61	72	24

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Minnesota	24	13	9	2	58	59	28
Vancouver	24	11	7	6	66	67	28
Colorado	24	10	10	4	62	69	24
Edmonton	25	9	11	5	60	76	23
Calgary	23	9	10	4	63	79	22

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	24	18	3	3	85	62	39
Los Angeles	23	13	8	2	68	59	28
San Jose	24	11	7	6	56	57	28
Phoenix	25	12	10	3	72	72	27
Dallas	24	12	10	2	67	67	26

LACROSSE

NLL

WEEK 10

Saturday's results

Colorado 12 Buffalo 6
Washington 16 Philadelphia 10

SOCCER

MLS

Sunday's results

Philadelphia 2 Colorado 1
Dallas at Chivas USA
New York at San Jose
Saturday's results
Toronto 2 Kansas City 1
Vancouver 2 Columbus 1
Colorado 0 Philadelphia 0
Montreal 2 Portland 1
D.C. 1 Salt Lake 0
New England 1 Chicago 0

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Horoscopes

Aries

March 21 - April 20

Today's new moon will be helpful if you have a clear idea of what it is you want. If though you are still confused or undecided it will most likely pass unnoticed. It's not too late to make up your mind.

Taurus

April 21 - May 21

There is no guarantee that what you are about to attempt will succeed but don't let that stop you. Life is an adventure or it is nothing.

Gemini

May 22 - June 21

Everything happens for a reason and if you keep that thought in mind today you won't be too fazed by what occurs. On the work front someone in a position of authority could make you an interesting offer.

Cancer

June 22 - July 23

Try to stand outside yourself and see the bigger picture. If you look at today's events from a purely personal point of view you run the risk of missing something important. Widen your perspective, just a little.

Leo

July 24 - Aug. 23

If there are things about your life and your relationships that you do not like then get rid of them now. Not everyone will be happy with the changes you make but that's all the more reason to make them.

Virgo

Aug. 24 - Sept. 23

What happens over the next few days could turn your world on its head. Just when you thought Lady Luck had forgotten about you she pops up to bring you something nice.

Libra

Sept. 24 - Oct. 23

Don't give up on your plans. What happens this week may cause you to think again about your ambitions but don't use that as an excuse to abandon them altogether. You're still moving in the right direction.

Scorpio

Oct. 24 - Nov. 22

A new moon in your fellow Water sign of Pisces means you can quite easily make your dreams come true. Don't let any kind of negative thoughts take root in your mind today. Think positive. Feel positive. Act positive.

Sagittarius

Nov. 23 - Dec. 21

A loved one may give you a hard time but if you are smart you won't give them a hard time back. It's not you they are annoyed with but life in general. By this time tomorrow the crisis will have passed.

Capricorn

Dec. 22 - Jan. 20

Something you say or do over the next 24 hours could easily be taken the wrong way by someone you love. Do you really have to be so blunt? Think before you speak.

Aquarius

Jan. 21 - Feb. 19

The planets suggest you have been kidding yourself about the real reasons for a failure of some kind. It would help if you saw things as they really are.

Pisces

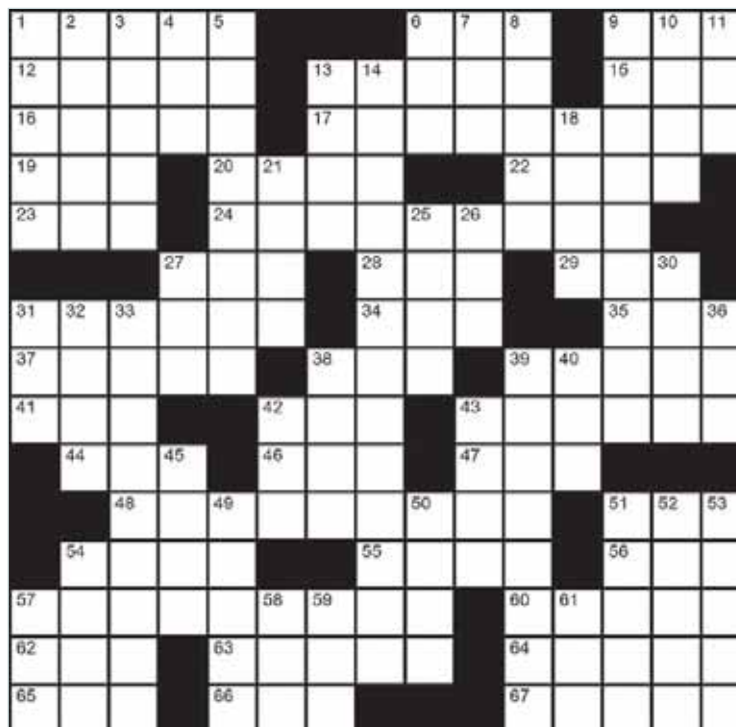
Feb. 20 - March 20

Today's new moon in your sign will encourage you to believe that all things are possible. It will also encourage you to actually do something creative rather than just think about it. It's time to step up and shine. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Star Wars character, ___ Vader
6. Saint-Jean-___-Riche-lieu, QC
9. Mom's hubby
12. Kleenex-user's sound!
13. Coming-___-___ movie
15. She gave Odysseus a veil
16. Corporate shuffle, in brief
17. Cape Breton ___ National Park
19. Airport schedule acr.
20. SNL alum Kristen
22. Stock mkt. debuts for companies
23. ___-eyed
24. Montreal football players
27. "Raiders of the Lost ___" (1981)
28. Meas. from a circle's centre
29. Rested
31. Tries to get a dieter to eat chocolate
34. Hectic hosp. units
35. Hesitant sounds
37. Smudges
38. Internet connection letters
39. Tom Cruise flick, "___ Maguire" (1996)
41. As written
42. Type of pan
43. Beer brand, ___ Can-adian
44. Calder Cup sports org.
46. 'Masc' ender (Eye



47. "Fancy that." [pl.]
48. Activity for Canada Geese in Spring
51. Hat
54. Gas, for instance
55. Hostels
56. "___ Maria"
57. Shakespeare: Othello's wif

60. Fortune Teller's card
62. "Hey, no need to over-share!", briefly
63. Hair fringes
64. Broadcasting now: 2 wds.
65. Cul-de-___
66. Greek alphabet's 7th letter
67. The 'N' of TNT

Down

1. Challenged
2. Prefix meaning 'Vin-egar'
3. US state, ___ Island
4. Maple Leafs, on score-boards
5. Harry Potter's school
6. Droop

7. "Gross me out."
8. Illuminated the candle again
9. They roamed the Badlands of Alberta
10. Conjunctions
11. ___ and don'ts
13. ___ Art Company (Etch a Sketch maker)
14. March 11-17: London, ON is hosting the 2013 ISU World ___ Championships
18. Imitates
21. Varieties
25. British peer
26. CFL cheers-getters
27. Mo. after March
30. Via, to a poet
31. "Conan" cable network
32. Director Mr. Kazan
33. VJs network
36. Tip to 'thetic' (Man-made)
38. "___ the Explorer"
39. Governor General of Canada, David ___
40. Ems precursors
42. Military conflict
43. Satellite
45. Fibbed
49. The ___ (Area of Ottawa)
50. "___ little time..." (The quickest way)
51. 18-___ gold [var. sp.]
52. Intro-to-French verb
53. Gas station, ___-Canada
54. Hurricane Katrina org.
57. Calendar times, e.g.
58. Welcome ___
59. "Bird ___ Wire" (1990)
61. Cuckoo bird type

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today



6°/-2°
Variable

Tuesday



7°/5°
Variable

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CITY: 7.8L/100 KM

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